



	Calories	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Pitas & Burger									
Beef/Lamb Gyro Pita	726.96	50.48	16.41	75.87	1,568.94	62.70	2.65	7.37	27.28
Chicken Gyro Pita	731.28	53.82	8.34	102.50	1,119.69	56.63	3.17	10.75	28.96
Pork Gyro Pita	606.96	38.48	10.41	5.87	1,008.94	94.70	3.44	10.37	19.28
Steak Pita	575.96	33.48	9.41	85.85	847.94	54.70	2.65	7.37	29.28
Chicken Souvlaki Pita	676.28	47.16	6.80	123.75	730.94	56.63	3.17	10.75	31.17
Beefteki Pita	645.96	40.58	11.59	86.20	971.75	54.70	2.65	7.37	33.08
Falafel Pita	465.78	23.73	2.13	5.87	1,131.31	79.83	10.77	12.71	20.23
Veggie Pita	361.62	16.97	2.46	5.87	648.30	58.48	4.51	9.28	14.07
Halloumi Pita	777.36	39.57	24.43	109.10	2,100.07	67.69	6.36	8.55	39.72
Burger	728.02	41.58	17.72	140.31	1,183.25	51.27	1.98	12.35	37.39
Bowls									
Gyro Bowl (Base No Protein)	403.28	13.15	3.81	14.13	430.39	59.79	1.81	4.53	9.80
Mediterranean Bowl (Base No Protein)	744.68	35.10	4.61	5.02	597.48	77.49	2.06	4.18	11.90
Plates									
Plate with Fries (Base No Protein)	277.05	5.04	1.73	373.92	188.81	7.77	3.86	11.50	9.75
Plate with Rice (Base No Protein)	499.13	5.04	1.73	3.92	518.81	46.98	1.65	6.50	9.75
Side Salad	248.16	22.84	5.52	15.19	494.89	5.19	1.52	2.00	1.22
Kid's Plate with Fries (Base No Protein)	477.69	15.54	2.57	0.00	599.09	73.31	3.37	3.00	11.72
Kids Plate with Rice (Base No Protein)	452.08	4.50	1.00	0.00	370.00	89.97	0.79	3.00	12.17
Salads & Soup									
Greek Salad	432.00	21.50	10.71	30.38	1,032.32	26.97	6.25	14.15	15.29
Prasini Salad	250.77	0.00	14.47	15.19	1,057.88	14.31	3.78	5.55	7.58
Tahini Crunch Salad	653.47	0.00	41.83	1.10	1,756.55	59.16	5.96	9.36	15.89
Chopped Salad	445.35	0.03	18.78	15.18	1,440.32	47.12	6.71	13.06	14.25
Protein Options									
Beef/Lamb Gyro Meat	393.40	34.42	14.22	69.00	930.00	7.92	1.07	0.28	15.57
Chicken Gyro Meat	183.97	10.99	2.71	74.32	256.18	1.17	0.99	0.11	18.76
Pork Gyro Meat	290.07	24.70	8.63	58.06	526.67	1.58	1.03	0.41	13.78
Chicken Skewer (2)	270.00	8.68	1.92	202.50	202.50	0.00	0.00	0.00	42.42
Steak Skewer	239.00	17.00	7.00	79.98	209.00	0.00	0.00	0.00	18.00
Beefteki	309.00	24.10	9.18	80.33	332.81	0.00	0.00	0.00	21.80
Falafel	270.00	9.50	0.00	0.00	840.00	46.50	18.00	7.50	15.00
Veggies (Mushroom/Zucchini)	24.66	0.49	0.05	0.00	9.36	3.78	1.86	1.91	2.79

'2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.'

Please be aware that our kitchen handles common allergens, including dairy, eggs, wheat, soy, nuts, and sesame (common fryer). We offer select dairy-friendly and gluten-friendly menu items. While we strive to prevent cross-contact, we cannot guarantee that any menu item is completely free from allergens.



	Calories	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Sides									
Spanakopita	460.00	21.00	6.00	80.00	850.00	25.00	2.00	4.00	11.00
Rice	225.00	0.00	0.00	0.00	0.00	50.00	0.00	0.00	4.00
Scoop of Hummus	280.00	18.00	0.00	0.00	540.00	20.00	4.00	4.00	8.00
Pita Bread	230.00	4.50	1.00	0.00	370.00	40.00	0.79	3.00	8.00
Hummus & Pita	510.00	22.50	1.00	0.00	533.50	60.00	4.79	7.00	16.00
Halloumi Cheese (3)	273.00	18.7	13.1	62.40	468.00	10.9	1.6	0	15.6
Halloumi Cheese (6)	546.00	37.4	26.2	124.8	936.00	21.8	3.1	0	31.2
Side Of Protein									
Beef/Lamb Gyro Meat	393.40	34.42	14.22	69.00	930.00	7.92	1.07	0.28	15.57
Chicken Gyro Meat	183.97	10.99	2.71	74.32	256.18	1.17	0.99	0.11	18.76
Pork Gyro Meat	290.07	24.70	8.63	58.06	526.67	1.58	1.03	0.41	13.78
Chicken Skewer (2)	270.00	8.68	1.92	202.50	202.50	0.00	0.00	0.00	42.42
Steak Skewer	239.00	17.00	7.00	79.98	209.00	0.00	0.00	0.00	18.00
Beefteki	309.00	24.10	9.18	80.33	332.81	0.00	0.00	0.00	21.80
Falafel	270.00	9.50	0.00	0.00	840.00	46.50	18.00	7.50	15.00
Veggies (Mushroom/Zucchini)	24.66	0.49	0.05	0.00	9.36	3.78	1.86	1.91	2.79
Fries									
Fries (Side)	410.00	18.00	3.00	0.00	540.00	55.00	4.48	0.02	6.20
Greek Fries (Full)	889.76	36.01	10.08	15.19	1,392.88	113.04	889.76	0.39	17.91
Greek Fries (Side)	405.00	19.00	4.50	15.00	850.00	47.00	4.00	0.35	10.50
Nick's Fries (Base No Protein) (Full)	913.21	37.64	10.81	18.78	1,482.01	114.83	9.49	1.22	18.87
Nick's Fries (Base No Protein) (Side)	405.00	19.00	4.50	15.00	850.00	47.00	4.00	0.35	10.50
Beef Lamb Gyro Meat (Meat Only)	393.40	34.42	14.22	69.00	930.00	7.92	1.07	0.28	15.57
Chicken Gyro Meat (Meat Only)	183.97	10.99	2.71	74.32	256.18	1.17	0.99	0.11	18.76
Pork Gyro Meat (Meat Only)	290.07	24.70	8.63	58.06	526.67	1.58	1.03	0.41	13.78
Desserts									
Baklava	370.00	20.00	4.00	0.00	290.00	44.00	20.00	15.00	6.00
Plain Greek Donuts (Loukoumades)	715.00	37.00	6.00	40.00	501.00	89.00	2.90	30.56	9.15
Chocolate Greek Donuts (Loukoumades)	950.00	60.00	15.00	35.00	530.00	111.00	4.33	55.00	12.00
With Dubai Chocolate	1,183.88	74.88	29.58	35.00	548.22	130.44	5.54	72.01	13.21
Froyo Plain	330.00	0.70	0.62	7.12	336.00	69.14	0.40	51.96	11.79
Froyo Baklava & Honey	459.00	35.70	0.62	0.00	0.00	0.00	0.00	0.00	0.00
Froyo Chocolate Shell	597.30	22.57	15.20	14.24	672.34	138.28	0.80	103.92	23.58
Froyo Dubai Chocolate	831.18	37.45	29.78	14.24	690.56	157.72	2.01	120.93	24.79

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Allergy Guide

While we take precautions to minimize the risk of cross contact, however, we cannot guarantee that any of our products are safe to consume for people with specific allergies.

Cross Contact:
Deep-fryer

Oil Used:
Olive Oil/Soybean Oil
Corn Oil

Gluten
Gluten is a protein found in wheat, barley, rye and triticale (a cross between wheat and rye).

Dairy
Common Dairy products found in food are cheese, milk, yogurt, butter, cream, ice cream, whey, condensed milk, etc...

Our froyo & cheese is pasteurized.

Soy
Unable to modify.

Nuts
Tree Nuts, Walnuts, Pistachio, Hazelnut

MSG
Unable to Modify

Onion
Rice, Burger, Beefteki, Red Wine Vinaigrette, and Chimichurri cannot be modified.

Sesame
Unable to modify.

Gluten-Friendly vs Gluten Free
Vegan-Friendly vs Vegan
Dairy-Friendly vs Dairy Free

Item doesn't contain allergen but may contain allergen from cross contact with deep fryer or other items on the line.

	Gluten	Dairy	Egg	Soy	Nuts	MSG	Onion	Sesame
Protein Options								
Beef/ Lamb Gyro Meat	x			x		x		
Chicken Gyro Meat		x		x		x		
Pork Gyro Meat				x		x		
Beefteki	x		x				x	
Burger	x		x				x	
Steak Souvlaki			x	x				
Chicken Souvlaki			x	x				
Falafel								
Veggies (Mushroom & Zucchini)								
Cheesy								
Spanakopita	x	x	x	x	x		x	x
Halloumi Cheese Stick	x	x	x					
Feta Cheese		x						
Sauces								
NTG Marinade			x	x				
Tzatziki Sauce		x						
Mustard Sauce			x	x				
Spicy Yogurt		x						
Spicy Avocado Ranch Dip		x					x	
Chimichurri							x	
Harissa & Toun								
Dressings								
Red Wine Vinaigrette				x			x	
Lemon Zest Dressing				x				
Tahini Dressing								x
Sides								
Hummus								x
Pita Bread	x			x				x
Pita Chips & Pita Crunch	x			x				x
Rice		x				x	x	
Desserts								
Baklava	x	x	x		x			
Greek Donuts	x	x	x		x			
Greek Donuts (Chocolate)	x	x			x			
Plain Froyo		x						
Baklava Froyo		x			x			
Pistachio Cream (Dubai) Froyo		x			x			